**HOPE CAMP 2022 PROGRAM** 

	THE WHICH OCCUPANT		TIMING/LOCATION	EVENUAGE
DATE	TIMING/LOCATION	TIMING	TIMING/LOCATION	EVENING
13 <sup>TH</sup> MAY	MEDICAL CAMP 12 TO 2 PM  @ GIC, SUPI  + NATURE ACTIVITIES* 10 TO 2 PM	LUNCH 2-3 PM	+SHAWL DISTRIBUTION + volleyball donation 3- 5 PM	DINNER
14 <sup>TH</sup> MAY	MEDICAL CAMP 10 TO 2 PM  @ GIC, SUPI  + SCHOOL ACTIVITIES** 10 – 2 PM	LUNCH 2- 3 PM	DRAWING COMPETITION PRIZE DISTRIBUTION + SCHOLARSHIP AWARDS + BLANKETS/CLOTHES DONATION	GALA DINNER AT HOTEL
15 <sup>TH</sup> MAY	MEDICAL CAMP 10 – 1 PM  @ GIC, SUPI  +  SOCIAL ACTIVITIES*** 10 – 1 PM	LUNCH 1-2 PM	DEPARTURE	

MEDICAL ACTIVITIES – Day 1 = 12 to 2 pm, Day 2 = 10 - 2 pm, Day 3 = 10 - 1 pm. Each doctor will sit in 1 room all 3 days. List of medicines will be provided to each doctor.

 Dr Yuvraj Sharma – ortho, 2. Dr Asit Khanna – cardio, 3. Dr Nitin Agarwal – Cardio, 4. Dr Bindiya – Gyne, 5. Dr Anupama – gyne, 6. Dr Mahesh Sisodiya – Physician, 7. Dr Abhigyan – Physician, 9. Dr Ajay Nihalani – Neuropsychiatrist, 10. Dr Poonam Rathi – Physician. 11. Dr Chandra Rawat – Physician. 12. Opthalmology team 13. Dr Anurag Agarwal – Radiologist 14. Dr Amitabh Goel (Neurosurgeon)

\*NATURE ACTIVITIES - SEED BOMBING + NAULA/DHARA FUNCTION + WATER TANK SHEET LINING AT A NEARBY NAULA/DHARA AND A FARM

\*\*SCHOOL ACTIVITIES - CPR TRAINING + DRAWING COMPETITION + ZOOMBA/ DANCE SESSION + CARPETS/MATS DONATION +SCHOOL COMPUTER DONATION /LAB SET UP + SCHOOL WATER TANKS INAUGURATION + GIRLS HEALTH LECTURE + SCHOLARSHIP AWARDS IN GIC, SUPI

\*\*\*SOCIAL ACTIVITIES -BUNAI -SILAI KENDRA SET UP + NGO/SOCIAL ACTIVIST AWARDS + SURPRISE NGO EVENT IN
G!C SUPI

Dr Poonam Rathi and Dr Chandra Singh Rawat , local doctors may join along with local nurse/staff for camp = SUMIT to be coordinator between us and their coordinator Parvinder Pratap Singh(staff nurse) - 8225964507

RECEPTION TEAM	(REGISTRATION, BP, SUGAR, HB)	
DAY 1	DAY 2	DAY 3
PALLAVI(TL)	AKASH(TL)	ROHIT
AKASH (TL) KRISHNA	AKHILESH	SUSHANT
	HARENDAR	RAKESH
SUBODH	SEEMANT	
IRFAN	JEEN PARTY	

PHARMACY TEAM		
DAY 1	DAY 2	DAY 3
RAKESH	SUMIT	IRFAN
AKHILESH	SUBODH	HARENDAR
SUSHANT	VINAY(TL)	
SUMIT	(DR ANURAG AGARWAL)	
+ GAURAV + NARENDAR	+ GAURAV + NARENDAR	+ GAURAV + NARENDAR

NATURE TEAM(DAY 1) - RAKESH, IRFAN and SUMIT(TL), ROHIT, HARENDAR, VINAY, SEEMANT(TL)

SCHOOL TEAM(DAY 2) - PALLAVI(TL), IRFAN, RAKESH, KRISHNA, ROHIT, SUSHANT(TL)

SOCIAL TEAM(DAY 3) - SUMIT(TL), AKHILESH SUBODH, PALLAVI, KRISHNA, AKASH, SEEMANT(TL)

STOCK AND STORE/PHARAMCY - GAURAV LODHI, NARENDAR KOHLI

PHOTOGRAPHY/MEDIA - ROHIT, VINAY

TRANSPORT/CABS- DR MANISH, SUBODH, IRFAN

ACCOMODATION - RAKESH, KESHAV, DR MANISH

GALA DINNER - AKHILESH, KESHAV, ROHIT, DR MANISH

TEAMS AND TEAM POSITIONS ARE FIXED AND ONLY INTERCHANGEABLE WITH A TEAM MEMBER ONCE. EACH TEAM WILL GET COLOR CODED BADGES, WHICH HAVE TO BE WORN AT ALL TIMES FOR EASY IDENTIFICATION

MEMBERS ARE REQUESTED TO STICK TO THEIR POSITION/ASSIGNED JOB AT ALL TIMES. ANYBODY FOUND MISSING MAY BE ASKED TO LEAVE THE CAMP.

TEAM LEADERS WILL BE HAVING ALL DETAILS OF THEIR TEAMS JOB. REST TEAM MEMBERS WILL ASK THEM ONLY.

# SCHOOL ACTIVITIES (in school grounds)- Pallavi Irfan Rakesh Krishna Rohit Sushant

(Team Leaders Pallavi and Sushant to please collect and organize all materials beforehand from Gaurav 7838269218)

- (1) CPR TRAINING LECTURE (ON DUMMY MODEL) By Akash. With students and teachers who have collected, just before drawing competition
- DRAWING COMPETITION(use mike and speakers to be provided by Bachi Singh ji) Select locally relevant topic for drawing. 2 age groups made. A3 sheets and pencil/rubber sets and crayon sets distributed. List of students participating made while kids are drawing. Location will be school ground. Time 1 HOUR. While drawing is going on, Select jury from Hope members and 1 or 2 local leaders (not school teachers). Select 3 best entries from each category. 3 +3 prizes(certificate and shawl) to be given to them. All to get participation certificates + 1 hand sanitizer bottle each. Prize distribution will be post lunch.
- (3) SCHOOL COMPUTER DONATION /LAB SET UP —while drawing competition is going on teachers and volunteers will have this ceremony in the room where computers are to be set up. Plan and stock computers, wifi, extension cords, benches, plug points, banner and display board before hand. Take receiving for the computers from the school teacher incharge. Board of HOPE to be put up on the door. Take adequate pics and vidoes
- (4) SCHOOL WATER TANKS inauguration then proceed for the 2 tanks and pipes inauguration ceremony, in the school ground only. Their installation had been done during the 1<sup>st</sup> camp dates. Presently only symbolic hand over and photo op. Take receiving from school principal. Take pics and videos
- (5) CARPET AND MAT DONATION -handover to school principal at the same time, and take receiving.
- (6) ZOOMBA/ DANCE SESSION will be done just after drawing competition after the drawing sheets are collected
- (7) GIRLS HEALTH LECTURE reusable (nature friendly) sanitary pads distribution and health lecture(by dr bindiya gupta and team) to be done after the zoomba session. Location and permission for room, table chairs, mike etc from school principal to be taken beforehand
- (8) 200 Biscuits and Frooti packs to be distributed at end drawing sheet submission

#### AFTER LUNCH(in school grounds) -

- (9) SCHOLARSHIP AWARDS- 10 laptops +10 shawls + 10 certificates are to be awarded to 10 brightest students/achievers of the school as well as nearby. List has to be made by local Volunteers (Janmaitri Sangathan people + principal + pradhan) before hand and handed to TL. This ceremony will be post lunch, before the blankets and tree distribution
- (10) DRAWING COMPETITION PRIZE DISTRIBUTION 6 certificates + 6 shawls
- (11) CLOTHES DISTRIBUTION Free for all at end of the day (remaining half of the total lot)

#### Local contacts -

MAIN PERSON –BACHI SINGH BISHT – 895838627, Mahesh Galiya – 9837849195, School Principal Ms Ranjita – 9528105200, Silai Teacher Mrs Mamta Nayal – 7505139622, Silai Teacher Ms Neeru – 7500975133. CAMP CRAFT OWNER – NETTI BALI PUNJ - 9818465347. Not so Blue Cottage owner Sarabjit 9810585500

# SOCIAL ACTIVITIES - Sumit, Akhilesh Subodh Pallavi Krishna Akash Seemant

(TLs Sumit and Seemant please collect and organize all materials beforehand from Gaurav 7838269218)

- BUNAI –SILAI KENDRA SET UP Bachi Singh and local volunteers will take team to Village Kapua, in Satbunga after a stiff uphill trek. 3 silai machines and 1 bunai machine will be donated there to the teachers (1 bunai teacher Mrs MAMTA NAYAL 7505139622 and 1 silai teacher Ms. NEERU 7500975133). Receiving for them to be taken. Board of Hope to be put up on wall. Details of type/timing of training to be threshed out with teacher and Janmaitri representative. Stipend of the teachers decided and duration of stipend also. Regular monitoring of the silai bunai course has to be sent by pica and videos to Hope. (once few batches are trained then the centre should become self sufficient and teachers should generate their own salary + extra money by selling the clothes. Handover of the centre should be in 1 years time). Receiving for the machines to be taken, Pics and videos made
- (2) SURPRISE EVENT 9 (in school ground) secret is with Dr Bindiya Gupta I
- (3) NGO/SOCIAL ACTIVIST AWARDS (in school ground)—5 social activists selected beforehand to be awarded shawl + laptop +certificate

Local contacts -

MAIN PERSON –BACHI SINGH BISHT – 895838627, Mahesh Galiya – 9837849195, School Principal Ms Ranjita – 9528105200, Silai Teacher Mrs Mamta Nayal – 7505139622, Silai Teacher Ms Neeru – 7500975133 CAMP CRAFT OWNER – NEETI BALI PUNJ - 9818465347 Not So Blue Cottage Sarabjit Singh 9810585500

Total Shawls required - 25 (nature) + 10 (school) + 6 (school) + 5 (social) + 30 (Hope) +\_5 (for local doctors /nurses who may come for camp) =81

Total Certificates required - 25 (nature) + 10 (school) + 6 (school) + 5 (social) + all drawing kids(? 50) = 96

Total Desktops required - 5 (school) = 5

Total Laptops required - 10 (school)+ 5 For the school = 15

Surprise event (Incharge = Dr Bindiya Gupta 9810719002)

Awarding the volunteers with shawl (30 shawls) +cap[ and tshirt ( at start of camp)

# **NATURE ACTIVITIES -**

(Team leaders – SEEMANT, SUMIT to please collect and organize all materials before hand from Gaurav 7838269218)

Reaching on 12<sup>th</sup> hence will go for nature trek/activites on 13<sup>th</sup> morning - Sumit, Harendar Vinay Seemant, Rohit

Reaching on 13<sup>th</sup> afternoon hence will join medical camp and then do nature activities in school after lunch — Rakesh, Sumit, Irfan

- (1) SEED BOMBING Seed bombs to be thrown along the roadside down valleys and gullies while trekking on way to naula/dhara. Take pics and videos. Seed bombs to be collected from Bachi Singh ji
- (2) NAULA/DHARA FUNCTION —Bachi singh and local volunteers will take team to local Dhara (natural water source) would have been reconstructed with tin shed and pipes through funds from Hope by now. It has to be inspected and sort of checked by Hope Team. Board of HOPE to be put up on a wall there. Take pics and videos. Can have snacks and tea there.
- (3) WATER TANK SET UP –From the Dhara, Bachi Singh and local volunteers will take team to 2 farmers half made tanks... Farmers are encouraged and paid for making water tanks in the ground. Volunteers will have first hand experience putting in 2 plastic sheets in 2 farmers water tanks {Sheets are with Gaurav}.( plastic water tanks have been sponsored by Hope for a long time now)( 2 plastic sheets we are taking with us). Take pics and videos. Take Hope banner.

Children form GIC Supi should be taken along to participate in these activities.

AFTER LUNCH (back in school grounds)-

- (4) VOLLEY BALL AND NET giveaway to local youth to be done in afternoon session (during tree-/blanket distribution). Name of these boys to be taken from Bachi Singh ji
- (5) BLANKETS DONATION 25 blankets and shawls and certificates to be "awarded" to specifically 25 ladies by name (who have volunteered in the camp preparation activities, like making seed bombs, water tanks, camp publicity, social initiatives etc). list to be taken from Janmaitri representative (Bachi Singh ji)
- (6) CLOTHES DISTRIBUTION Free for all at end of the day (half of the total lot)

Local contacts -

MAIN PERSON –BACHI SINGH BISHT – 895838627, Mahesh Galiya – 9837849195, School Principal Mr P C Tiwari – 9720159506, , Silai Teacher Mrs Mamta Nayal – 7505139622 , Silai Teacher Ms Neeru – 7500975133

## LODGING (MEALS)

INCHARGES - AKHILESH 8010124036, KESHAV 8923509140, ROHIT 8006610814 (for camp craft and gala )

DR MANISH 9312366543(for Not So Blue cottage)(Money has to be given to cook for getting raw materials for cooking each meal at Not so blue Cottage).

# MEALS -

All meals for hope members are provided by HOPE. Breakfast and dinners at Camp Craft and at "Not So Blue" Cottage for people staying there. Working lunches will be provided at camp site (sent from Camp Craft). Gala Dinner on 14<sup>th</sup> at Camp Craft Ground.

# GALA PARTY AND DINNER

GALA LOCATION = CAMP CRAFT GROUND

INCHARGE - Camp craft owner - Neeti Punj Ball- 9818465347

TIME 7 .00 PM . HAVE TO FINSH BY 10 PM

BONFIRE, MUSIC, COCKTAILS AND DINNER

ALCOHOL STOCK is with Gaurav 7838269218

Mike and speakers will be there. Please invite Janmaitri people (talk to Bachi Singh Bisht, on whom to invite)

## Menu and rates for Gala dinner

Evening snacks - chilly paneer, chilly chicken, French fries, and roasted papad.

Dinner - shahi paneer ,chicken kali mirch , dal makkhani, Manchurian and fried rice, chapati, salad, pickle,chutney and gulab jamun.

Extras-

Cold drinks- 120/- (2lit)

Mineral water - 30/-

Soda - 30/- Extra salad- 120/- per plate. , Peanuts - 80/- per plate

Cost per plate is = 450 Rs MG 33 pax x Rs 450 = 14,850 Rs

PROGRAM DURING DINNER - SONGS, ANTAKSHARI, TAMBOLA, SHERO SHAYARI ETC! (akky with his Guitar)

# ACCOMODATION - TLs - RAKESH 9899438472 KESHAV8923509140, DR MANISH9312366543

S No. name

Dates

phone number

VOLUNTEERS IN CAMP CRAFT, SUPI, RAMGARH, Dist NAINITAL (9 tents me 2 boys per tent) (owner - Neeti Bali Punj - 9818465347)

1 Sumit A		
1 Sumit Arora.	12- 15	9999175557
2 Rakesh 3 Rohit Brilwasi	13-15	
3 Rohit Brijwasi	12-15	9899438472
4-8 VSSVSS'S TEA	A SECTION AND A	8006610814
9 Harendar	AM. 12-15	keshav - 8923509140
- initial	12-15	9871894995
10 Irfan	13 - 15	
11 Aakash	2	8126144445
(4 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	13-15	88882701046
The second second	13 - 15	8010124036
13 Subodh	13 - 15	9999129585
14 Sushant(JnJ)		
15 Gauray	13-15	9911147897
	12-15	7838269218
16 Narendar	12-15	9717354792
17 Vinay Pratap	12-15	
- Tatap	12-10	9540678282

8 rooms in NOT SO BLUE COTTAGE, SHASHBANI, LETIBUNGA, MUKTESHWAR, Dist NAINITAL (owner - SARABJIT SINGH JI 9810585500)

ROOM 2 Dr Yuvraj + Dr Ajay Nihalani	13 - 15 13 - 14	Manish 9312366543 Yuvraj – 9811677211 Asit 9818882958 Bindiya 9810719002
ROOM 3 Dr Asit + Dr Bindiya + kid ROOM 4 Dr Amitabh + Dr Abhigyan + 1	13- 15 13 - 15	Abhigyan - 9870241884, Amitabh - 9810121978
ROOM 5 Seemant and Family	12 - 15	Seemant - 9818310599
ROOM 6 Pallavi + daughter +Krishna	12-15	Pallavi 9899960063, Krishna 8929364803
ROOM 7 Dr Mahesh and family	13 - 15	Mahesh S -9837227709 Nitn 9005621715 Anurag 9997174125
Room 8 Dr Nitin Agarwal + Dr Anurag Agarwa	1 13 - 14	NIth 9000021710 Andrag 9007174120

# TRANSPORT TLS -

#### DR MANISH 9312366543, SUBODH 9999129585, IRFAN 812614445

#### ARRIVAL AND STAY ARRANGEMENTS

STAY DATE	CAMP CRAFT (SUPI, RAMGARH)	"NOT SO BLUE" COTTAGE ROOMS  (SASHBANI, LETIBUNGA)
12TH		
	1 ROHIT	1 PALLAVI + DAUGHTER + KRISHNA
	5 VSSVSS TEAM ( 4)	2 SEEMANT +WIFE + DAUGHTER
	6 VINAY	
	7 HARENDAR	
	8 GAURAV	
	9 NARENDAR	
13TH	11 RAKESH	3 DR ASIT + DR BINDIYA + ADVIKA
20117	12 AKASH	4 MAHESH +WIFE +DAUGHTER
	13 SUMIT	5 AJAY NIHALANI + DR YUVRAJ
	14 IRFAN	6 Dr MANISH KANSAL
	15 SUBODH	7 DR NIHALANI FRIENDS
	16 AKHILESH	8 Dr AMITABH GOEL + 1
	17 SUSHANT	
	18 Dr ABHIGYAN	
	ac of Abrille 1711	

RAMTEJ (painter) - will stay back in Nauku

CABS PROVIDERS - SUN(HIMANSHU 9555453306), APRICA(AKASH8882701046), TORRENT(2 CABS)(SUBODH 9999129585), GLENMARK(RAKESH UPDHYAYA 9810390414), CORONA (IRFAN 8126144445)

### **CAB ALLOCATION -**

12TH - CAB 1(DEZIRE) (HIMANSHU)- HARENDAR , RAMTEJ, GAURAV

12TH -CAB 2(IRFAN)(INNOVA) - VSSVSS TEAM +VINAY

12TH - CAB 3(INNOVA) (RAKESH SM, GLENMARK) - ASIT + BINDIYA + ADVIKA + NARENDAR

13TH - CAB 4(INNOVA) (SUBODH) -SUBODH, RAKESH, IRFAN, SUMIT, AKASH

13TH - CAB 5(INNOVA) (SUBODH) - DR MANISH, SUSHANT, AKHILESH

13TH - CAB 5(DEZIRE)(AKASH) - SEEMANT + FAMILY

#### **OWN CARS**

DR YUVRAJ + DR AJAY NIHALANI

DR MAHESH AND FAMILY

DR AMITABH GOEL + DR ABHGYAN + 1

DR AMITABH (NEUROSURGEON, MAX) - 9810121798

DR NITIN AGARWAL + DR ANURAG AGARWAL( DR AJAY NIHALANI FRIENDS) NITIN 9005621715 ANURAG 9997174125

SEEMANT AND FAMILY

PALLAVI, KRISHAN, DAUGHTER

#### **OWN BIKE**

ROHIT BRIJWASI